



# ReSPECTful Relationships



## What is Abusive?

### Card sorting activity

First, cut out the cards (page 2-3)

Split the class into small groups and hand out a selection of the cards and ask students to place the cards under the headings **Abusive – Don't know – Not abusive** (page 4)

The cards cover a range of abuse – verbal, emotional and psychological, intimidation, financial, sexual, movement deprivation or imposed isolation and physical violence.

Bring the groups back together and discuss the statements and how the students have categorised them.

<b>Hitting</b>	<b>Slapping</b>	<b>Punching</b>	<b>Kicking</b>	<b>Hair pulling</b>
<b>Throwing things</b>	<b>Pushing</b>	<b>Ripping clothes</b>	<b>Twisting limbs</b>	<b>Having other relationships</b>
<b>Restraining</b>	<b>Sexual insults</b>	<b>Being offensive about looks</b>	<b>Making fun of someone</b>	<b>Preventing socialising with friends</b>
<b>Preventing socialising with family</b>	<b>Deliberately encouraging dependency</b>	<b>Stealing money</b>	<b>Criticising</b>	<b>Name calling</b>
<b>Not taking responsibility for bills</b>	<b>Selling possessions</b>	<b>Buying unnecessary things</b>	<b>Not being allowed to work</b>	<b>Not being able to seek help</b>
<b>Having complete control over the finances</b>	<b>Being obnoxious</b>	<b>Being hostile or aggressive to partners friends</b>	<b>Opening partners letters</b>	<b>Not being allowed to see others alone</b>
<b>Monitoring partners movements</b>	<b>Deliberately running up debts</b>	<b>Mood swings</b>	<b>Threatening violence</b>	<b>Denial of autonomy or self-value</b>

<b>Never trusting</b>	<b>Checking partners phone</b>	<b>Shouting</b>	<b>Humiliating their partner in public</b>	<b>Withholding affection</b>
<b>Not sharing money</b>	<b>Not supporting the children in a relationship</b>	<b>Being locked in the house</b>	<b>Making the partner work and earn money for them</b>	<b>Not being allowed to see friends</b>
<b>Locking doors</b>	<b>Monitoring movements</b>	<b>Not supporting with childcare</b>	<b>Stopping phone calls</b>	<b>Refusing to pay bills</b>
<b>Preventing their partner from socialising</b>	<b>Preventing their partner from working</b>	<b>Threatening to hurt their partner</b>	<b>Insulting their partners dress sense</b>	<b>Going through a partners phone to find something</b>
<b>One partner earning all the money</b>	<b>One partner staying at home to look after the children</b>	<b>Monitoring movements through social media</b>	<b>Preventing their partner from working</b>	<b>Giving their partner an allowance</b>
<b>Giving their partner space</b>	<b>Allowing their partner to have friends</b>	<b>Allowing their partner to socialise when they say so</b>	<b>Allowing their partner to work when they say so.</b>	<b>Allowing their partner to use the phone when they say so.</b>
<b>Talking to their friends when their partner allows them to.</b>	<b>Visiting friends with their partners say so</b>	<b>Meeting their partner after work every day</b>	<b>Calling their partners work to check they're ok.</b>	<b>Calling their partners family to see if they're there.</b>

**ABUSIVE**

**DON'T KNOW**

**NOT ABUSIVE**

**ReSPECTful**  
**Relationships**