



ReSPECTful Relationships



What is Abusive?

Card sorting activity

First, cut out the cards (page 2-3)

Split the class into small groups and hand out a selection of the cards and ask students to place the cards under the headings **Abusive – Don't know – Not abusive** (page 4)

The cards cover a range of abuse – verbal, emotional and psychological, intimidation, financial, sexual, movement deprivation or imposed isolation and physical violence.

Bring the groups back together and discuss the statements and how the students have categorised them.

Hitting	Slapping	Punching	Kicking	Hair pulling
Throwing things	Pushing	Ripping clothes	Twisting limbs	Having other relationships
Restraining	Sexual insults	Being offensive about looks	Making fun of someone	Preventing socialising with friends
Preventing socialising with family	Deliberately encouraging dependency	Stealing money	Criticising	Name calling
Not taking responsibility for bills	Selling possessions	Buying unnecessary things	Not being allowed to work	Not being able to seek help
Having complete control over the finances	Being obnoxious	Being hostile or aggressive to partners friends	Opening partners letters	Not being allowed to see others alone
Monitoring partners movements	Deliberately running up debts	Mood swings	Threatening violence	Denial of autonomy or self-value

Never trusting	Checking partners phone	Shouting	Humiliating their partner in public	Withholding affection
Not sharing money	Not supporting the children in a relationship	Being locked in the house	Making the partner work and earn money for them	Not being allowed to see friends
Locking doors	Monitoring movements	Not supporting with childcare	Stopping phone calls	Refusing to pay bills
Preventing their partner from socialising	Preventing their partner from working	Threatening to hurt their partner	Insulting their partners dress sense	Going through a partners phone to find something
One partner earning all the money	One partner staying at home to look after the children	Monitoring movements through social media	Preventing their partner from working	Giving their partner an allowance
Giving their partner space	Allowing their partner to have friends	Allowing their partner to socialise when they say so	Allowing their partner to work when they say so.	Allowing their partner to use the phone when they say so.
Talking to their friends when their partner allows them to.	Visiting friends with their partners say so	Meeting their partner after work every day	Calling their partners work to check they're ok.	Calling their partners family to see if they're there.

ABUSIVE

DON'T KNOW

NOT ABUSIVE

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