



# ReSPECTful Relationships



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Casey J

[Contact](#)

I'm worried about Jack. He's been so quiet recently and he looks tired all the time... I think it's his dad.

His dad used to come and watch us play football every Saturday and he always used to be so fun and really cheer us on! Now he just stands at the side, not even watching the game!

Jack told me his mum and dad are always arguing and he thinks his mum has bruises from his dad... I think Jack is scared to tell anyone ...in case his dad hurts him too. I don't know if I should tell anyone, or even who to tell! I don't want Jack getting into trouble or getting hurt... 🤔



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Casey J

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You know how great my dad is! We play loads of games and he always makes us laugh loads! You know how he comes to watch us play football every Saturday and always buys me something after the match, but I don't know what's wrong with his recently...

There's loads of shouting and arguing in the kitchen. I can't see what's going on but when the shouting ends, mum runs upstairs. I think she's crying... I've seen big bruises on her arms. Mum's always so unhappy and it's making me sad too...

I don't know if I should tell anyone what is happening... I don't want mum to get really hurt... 🥹



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Casey J

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You won't believe what happened last night, she makes me so angry! I got so mad I slapped her and she dropped her laptop. When I left I ended up sending her loads of nasty messages calling her awful names.

I feel bad now...might have to go and apologise later. I just wish she would answer her phone when I call her! She knows I only want to know where she is. She knows I don't like those girls she chills with. They're always chatting to boys and it does my head in!

I know her friends will be hating on me again... I know they never liked me from the start. I don't want her going round them anyway! 😡



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You won't believe what happened last night...Tony lost it and started calling me nasty names again. Then he slapped me and I dropped my laptop, the screen is all smashed!

Why does he keep doing this? He makes me feel amazing when he's being nice. I'm sure he'll come back apologising tomorrow but it's making me feel really bad. He always says it won't happen again but I know it will...

He just gets so angry and says it's my fault. I love him and just want him to be happy with me. I love him and don't know what I would do without him. What can I do? I don't know who else I can talk to... I've not been speaking to the girls after he embarrassed me at Lee's party last week 😞



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