



# ReSPECTful Relationships



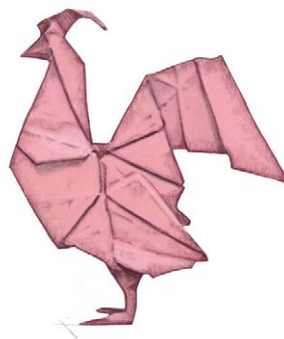
## Lesson Plans and Resources

### Reception

#### Lesson 3: Feeling and Family

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## Lesson 2: Feelings and Family

Reception

### Session Aim

- To continue the topic of feelings in relation to our families.
- To enable the learner to associate feelings with experiences.

### Learning Outcomes:

By the end of the session most learners will be able to:

- Talk about family experiences.
- Identify a trusted adult at home.

Class teacher can link these activities to children's progress within two areas of learning

- Personal, Social and Emotional Development
- Communication and Language.



TIME (MINS)	TUTOR ACTIVITY	LEARNER ACTIVITY	RESOURCES	EXTENT STUDENTS ARE ENGAGED
15 mins	<p>Reflect on the last session.</p> <p>What have children remembered?</p> <p>Explain that we are going to talk about our families today and how it feels to be part of a family.</p> <p>Read story <b>Owl Babies</b></p> <p>Focus on specific parts of the story to highlight feelings.</p>	<p>Listen to the story.</p> <p>Join in discussion and feedback / respond to questions.</p>	<p>Book – <b>Owl Babies</b> by Martin Waddell</p> <p><b>FIND ONLINE</b></p> <p><b>Flash Cards: Feeling Faces</b> (see resource pack)</p>	<p>Children are encouraged to join in discussion and feedback.</p> <p>Children's contribution to discussion and activities.</p> <p>Recognition of feelings.</p>
20 mins	<p>Introduce Owl Puppets (or any other props that will represent a family unit) to children.</p> <p><b>Percy   Sarah   Bill   Mummy.</b></p> <p>Place the Feelings Faces in the 4 corners of the room and ask individual children to hold an owl each. Ask questions relating to the book. For example <i>"how do you think Sarah felt when she woke up?"</i></p> <p><i>"How do you think Bill felt when he saw Sarah was sad?"</i> (empathy)</p> <p>Children place the owl on the appropriate face.</p> <p>Do the other children agree?</p> <p>Extend the activity by asking children why the owl siblings felt how they did about each other and their mummy.</p> <p>Ask children what makes them happy / sad at home with their families.</p> <p>Ask children who they could talk to if they felt sad or scared at home.</p>	<p>To take part in the Feelings game.</p> <p>Contribute to facilitated class discussion re being part of a family.</p> <p>Relate the story to own experiences and feelings.</p> <p>Talk about trusted adults.</p>	<p>Owl puppets or alternative props</p> <p><b>Flash Cards: Feeling Faces</b></p> <p>Pencils</p>	<p>Children are encouraged to join in discussion and identify feelings.</p> <p>Recognition of treating someone unfairly.</p> <p>Associate feelings to being treated unfairly.</p>

TIME (MINS)	TUTOR ACTIVITY	LEARNER ACTIVITY	RESOURCES	EXTENT STUDENTS ARE ENGAGED
15 mins	<p>Ask children how they feel when someone is being unfair to them.</p> <p>Use scenarios to differentiate between fair and unfair.</p> <p>Explain that some behaviours and actions by grown up's can make children feel sad, scared or angry.</p> <p>Use pictures / scenarios</p> <p>Ask children to think of something that is good or fair in their class. Class rules? Class agreement etc Why is it fair?</p>	<p>Discuss feelings associated with someone being unfair.</p> <p>To talk about adult behaviours and how this impacts on feelings.</p> <p>To join in discussion.</p>	<p><b>Flash Cards: Feeling Faces</b></p>	<p>Children are encouraged to join in discussion and identify feelings.</p> <p>Recognition of treating someone unfairly.</p> <p>Associate feelings to being treated unfairly.</p>
5 / 10mins (Depending on attention span / age range)	<p>Reflect on the story and reinforce the message that families come in all shapes and sizes. Give children opportunity to talk about their family.</p> <p>Bring session to a close with song -</p> <p><i>If you have a family and you know it ....</i></p> <p><i>If you have feelings and you know it....</i></p> <p><i>If you're ?? (children to choose feeling) and you know it...</i></p>	<p>Work as part of the group to reflect on the session.</p>	<p><b>Happy song</b></p> <p><b>FIND ONLINE</b></p>	<p>Children confidently talk about their families and home life.</p>

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