



# ReSPECTful Relationships



## Lesson Plans and Resources

### Key Stage 2: Years 5 & 6

#### Lesson 3: What is Domestic Abuse?

Aims & Outcomes..... 2

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## Lesson 3: What is Domestic Abuse?

KS2  
Y5 and 6

### Session Aim

- To introduce the concept and language around domestic abuse.
- Pupils consider that all families are different and this is a positive fact.
- To give young people an opportunity to identify various forms of behaviour as abusive..

### Learning Outcomes

All students can:

- Discuss the role of families.
- Identify different methods of communication including facial expressions and body language and how things said and done, affect other people.
- Understand the way adults communicate and behave with each other in relationships can make the other adult feel good or bad.
- Identify ways that feelings manifest in their bodies.
- Understand different types of behaviour and recognise abusive behaviour.

Most students will:

- Understand that abuse takes many forms and that abuse can be threatened as well as actual.
- Understand and identify different types of abuse and have some ideas about how to get help, including what is available in school.

Some students will:

- Be able to understand the different types of power and control.



TIME (MINS)	TUTOR ACTIVITY	LEARNER ACTIVITY	RESOURCES	EXTENT STUDENTS ARE ENGAGED
<b>Introduction</b>  15 mins	<p>This lesson will introduce the concept and language around domestic abuse. Children will consider that all families are different and this is a positive fact.</p> <p>Recap on previous lessons:</p> <p>Ask the children for examples of a healthy relationship and what can be considered unhealthy.</p> <p>Describe an unhealthy relationship; ask students to put their hands up if they think it is healthy/unhealthy. Short discussion as to why. Discuss how posture, eye contact, how your mouth and jaw is set and the tone of your voice.</p> <p>Stress that in unhealthy relationships there are undesirable behaviours e.g. aggression. However, conflicts can be resolved through calm and non-aggressive, assertive methods.</p> <p>Ask students if they have heard of the term domestic abuse. Ask students to discuss what they think it is and come up with some words that would describe it.</p>	<p>Class discussion and feedback as a group.</p>		<p>Students will have a chance to explore the term domestic abuse.</p> <p>Pupils can identify behaviours and methods of communication present in both healthy and unhealthy relationships.</p> <p>Students have a clear understanding of the term Domestic Violence and Abuse in terms of a healthy Vs Unhealthy relationship.</p>
20 min	<p><b>Card sorting</b></p> <p>Split the class into pairs or small groups to sort through the cards and the come back together as a group.</p> <p>Children will identify what is ok or not in an adult relationship.</p> <p>Be ready to challenge any misconceptions and any stereotypes the children come up with.</p>	<p>Children to work in pairs or small groups to sort through the cards.</p>	<p><b>Card sorting</b> (see resource pack)</p>	<p>Children will identify what is ok or not in an adult relationship.</p>
20 min	<p><b>Worksheet</b></p> <p>Ask the children to work through the worksheet individually or in pairs depending on their ability.</p> <p>Children complete worksheet using their imagination or a real situation.</p>		<p><b>OK or NOT OK worksheet</b> (see resource pack)</p>	<p>Children complete worksheet using their imagination or a real situation.</p>

TIME (MINS)	TUTOR ACTIVITY	LEARNER ACTIVITY	RESOURCES	EXTENT STUDENTS ARE ENGAGED
5 mins	<p><b>Reflective activity</b></p> <p>Highlight what is acceptable in relationship and what can be considered unhealthy letting the children come up with examples.</p> <p>Children reflect on what they have learn by answering facilitator lead questions on what they think is healthy/unhealthy.</p> <p>Children can understand patterns of behaviours that can contribute to an unhealthy relationship.</p>	<p>Children reflect on what they have learnt.</p> <p>Children answer facilitator lead questions on what they think in healthy/unhealthy.</p>		<p>Children can understand patterns of behaviours that can contribute to unhealthy relationships.</p>

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